
Julia Weggenmann

4458 Regent Ct.
Santa Rosa, CA
707.888.0562
weggenmannjulia@gmail.com

Summary

In receiving my undergraduate degree in psychology, I became well versed in reading and interpreting empirical literature. I have taken several courses in developmental, social, cognitive and clinical psychology, providing me with a well rounded understanding of the field. In my undergrad, I learned how to conduct observational and experimental studies, including the observation and coding of children's behavior at a local daycare. While obtaining my degree, I worked part time at a coffee shop where I was eventually promoted to supervisor. In this role I was responsible for training, communicating between staff and management, and settling customer disputes. This experience greatly developed my skills in professional communication and quick problem solving.

In September of 2020, I began interning at Adolescent Health Working Group, a nonprofit organization based in San Francisco which improves access to equitable and comprehensive healthcare for youth. At AHWG, I support these goals through various projects like creating resources for youth, parents and providers, writing blog posts, revising existing resources and toolkits, and hosting community Mental Health committee meetings. Through this internship, I have gained experience with community outreach, writing and creating informative content. I have also greatly expanded my knowledge of social services with an emphasis on diversity and inclusion.

Education

University of California Santa Cruz, Santa Cruz, CA -
Bachelors of Arts, Psychology

SEPT 2016 - JUN 2020

Graduated with honors in the psychology major, with a cumulative GPA of 3.5

Experience

Adolescent Health Working Group, San Francisco, CA - Intern

SEPT 2020 - PRESENT

As an intern at Adolescent Health Working Group, I am responsible for creating virtual resources for parents, providers and youth pertaining to youth mental and sexual health. I am currently developing a webinar style training for providers on the topic of Trauma Informed Care. Within this training, I discuss the topics of Adverse Childhood Experiences and seek to create comprehensive, non-judgemental styles of care that focus on understanding and healing from trauma. I also run monthly meetings for the Mental Health committee, where community members gather to discuss current gaps in social services regarding youth mental health and propose solutions.

References available upon request