
Anastasia M. Browning O'Hagan, B.S.

(541) 799-7961

abrowni3@uoregon.edu

<https://orcid.org/0000-0003-0328-1074>

EDUCATION

B.S., Psychology, University of Oregon, Eugene, OR - 2021

First Year PhD Student, Social and Personality/Clinical Psychology, University of Oregon, Eugene, OR - 2022

AWARDS and HONORS

Steven A. Raymund First Year Fellowship - University of Oregon Division of Graduate Studies, Eugene, OR - 2022 - This university-wide award recognizes the most distinguished incoming PhD students at the University of Oregon according to the rigor of a student's training, academic record, and commitment to pursuing a PhD.

Lorry I. Lokey Interdisciplinary Science Initiative for Graduate Students Endowment Fund Award - University of Oregon Department of Psychology, Eugene, OR - 2022 - The Lokey Graduate Science Awards aim to help doctoral programs compete with AAU benchmark institutions in the recruitment of the top students into their programs.

University of Oregon Research Independence and Innovation Award - University of Oregon, Eugene, OR - 2021 - This award recognizes innovative and novel independent research projects in psychology presented at the University of Oregon's Undergraduate Research Symposium.

University of Oregon Dean's Award for Service, University of Oregon, Eugene, OR - 2021
This award is given primarily to seniors who have made exceptional contributions of service to the university community, fellow students, and/or the larger community. Selection is coordinated by the Dean of Students.

University of Oregon Non-traditional Student Award, University of Oregon, Eugene, OR - 2021 - This award recognizes the breadth and depth of experience and contributions made by nontraditional students as they balance academics and other work and family responsibilities.

CURE Summer Undergraduate Research Fellow, University of Oregon, Eugene, OR - 2020.

SCR Emerging Scholar Associate, Center for Science Communication Research, University of Oregon, Eugene, OR - 2020.

Honors in Psychology, University of Oregon, Eugene, OR - 2020-2021.

2021 Psychology Commencement Graduating Class Speaker, University of Oregon, Eugene, OR - 2021.

Summa Cum Laude, University of Oregon, Eugene, OR - 2021.

College of Arts And Sciences Scholarship Awardee, University of Oregon, Eugene, OR - 2020.

Leon Culbertson Scholarship Awardee, University of Oregon, Eugene, OR - 2019.

Keith Skelton Scholarship Awardee, Portland Community College Foundation, Portland, OR (2018).

Presidents' List, Portland Community College, Portland, OR - all quarters attended.

Dean's List, University of Oregon, Eugene, OR - all quarters attended.

RESEARCH

Center on Parenting and Opioids, University of Oregon, Eugene, OR - Project Coordinator ** Paid position

FEBRUARY 2021 - SEPTEMBER 2022

Responsible for assisting in developing and implementing pilot projects funded by a P50 center grant awarded by the National Institute on Drug Abuse.

An adaptation of Fathering Through Change (DeGarmo & Jones, 2019) for fathers receiving treatment for substance use disorders: Principal Investigators Dr. Camille Cioffi and Dr. Dave DeGarmo.

Responsible for participant recruitment, retention, data collection, management, and assisting in the investigation and authorship of baseline differences from a clinical trial assessing opioid misusing and other substance-using fathers and parent-child functioning.

Evaluation of Street Outreach Programs Supporting Unhoused Parents During Pregnancy and Post-Pregnancy: Principal Investigator Dr. Camille Cioffi.

Responsible for IRB documentation and maintenance, generation of semi-structured qualitative interview scripts, community partnership building and maintenance, participant recruitment, retention, data management, qualitative coding and analysis of an evaluation study assessing the acceptability, maintenance, and implementation of local outreach programs that support unhoused parents through pregnancy and post-pregnancy.

Coached Parent-Child Program (Kjellstrand & Schiffmann, 2017) for corrections-involved parents: Principal Investigator Dr. Jean Kjellstrand.

Responsible for creating an online adaptation of a Coached Parent-Child Program, a family-centered, cognitive-behavioral intervention designed to bolster positive parenting while concurrently preventing opioid misuse for corrections-involved parents with a history of opioid misuse. This intervention utilizes evidence-based practices such as parent management training, mindfulness, attachment, and motivational interviewing to promote positive parent/child outcomes following parental incarceration, as well as to prevent recidivism and opioid misuse.

Integration of DBT Skills and Parent Training for Parents with a History of Substance Use: Principal Investigators Yoel Everett, MA and Dr. Maureen Zalewski.

Responsible for participant recruitment, retention, data collection, data monitoring, and assisting the maintenance of the clinical trials registry for a clinical trial assessing the feasibility, acceptability, and implementation of an integrated Dialectical Behavioral Therapy and Parent Training for parents with a history of substance use.

Parenting During a Pandemic study: Principal investigator Dr. Amanda Griffin.

Responsible for the development of online eligibility assessments, baseline screening assessments, and twice-daily longitudinal assessments to measure the impacts of COVID-19-related family stressors and daily stressors on parenting and opioid use.

Social and Affective Neuroscience Lab, Center for Translational Neuroscience, University of Oregon, Eugene, OR - Project Coordinator **Paid position: Promoted to a senior research assistant position (6/2020) and promoted to a project manager (6/2021)

SEPTEMBER 2019 - PRESENT

Devaluing Energy-Dense Foods for Cancer Control study: Principal Investigator Dr. Elliot Berkman.

Responsible for participant recruitment, communications, and retention, as well as intervention implementation and management, for an R01 Research Project Grant through the National Institute of Health and National Cancer Institute that sought to influence the neural experience of food cravings in overweight/obese individuals.

Skills: MATLAB task operations, RedCap data collection, cognitive-behavioral reappraisal training, physiological measurements including Bod Pod BMI assessment and urine aliquoting, management of participant's fMRI tasks while scanning, scientific journal coding, consent and debriefing.

ACT for Diabetes Prevention Study: Principal Investigator Megan Lipsett MS/MA.

Responsible for assisting with survey creation, data cleaning and analysis, undergraduate mentorship, recruitment, and facilitation of a focus group utilizing a community participatory design for a mixed-methods randomized controlled trial targeting the prevention of Type 2 Diabetes through using Acceptance and Commitment Therapy principles to target illness perceptions and controllability awareness in educational materials.

Online Masters in Psychology Program: Director Dr. Anne Mannering.

Assisting curriculum development of courses for the University of Oregon's Online Masters in Psychology Program:

Trauma-Informed Interventions (2021): Responsibilities included research for module and core curriculum substance, guest lecturing, formatting of term projects, hosting interviews with leading professionals in the field, as well as resourcing primary journal articles for weekly reading requirements and lecture content.

Implementation Science (2022): Responsibilities included research for module and core curriculum substance, guest lecturing, formatting of term projects, hosting interviews with leading professionals in the field, as well as resourcing primary journal articles for weekly reading requirements and lecture content.

Summer Undergraduate Research Fellow, Center for Undergraduate Research and Training, University of Oregon, Eugene, OR - *Research Fellow*

APRIL 2020 - OCTOBER 2020

Principal investigator for a study examining the effects of message framing on intentions to follow mitigation strategies amid the COVID-19 pandemic.

Responsible for the research design, participant recruitment, study programming, data collection, data analysis, scriptwriting using R, manuscript writing, participant interactions, and allocation of resources.

Cognitive Dynamics Lab, University of Oregon, Eugene, OR - *Research Assistant*

OCTOBER 2019 - JULY 2021

Principal Investigator: Ulrich Mayr, PhD.

Responsibilities included: participant recruitment, EEG capping and data collection, MATLAB task operations, behavioral data collection and entry, cognitive and behavioral participant task training, consent, and debriefing.

MANUSCRIPTS

Cioffi, C., **Browning, A.**, DeGarmo, D. (under review). A Randomized Control Trial to Improve Fathering among Father's in Recovery from Substance Use Disorders: The Fathering In Recovery Intervention

Browning, A., Moss, M. E., & Berkman, E. (2021). Leveraging Evidence-Based Messaging to Prevent the Spread of COVID-19. <https://doi.org/10.31234/osf.io/thm2w>.

Berkman, E., & Wilson, S. (2020). So Useful as a Good Theory? The Practicality Crisis in Academic Psychology. *Acknowledged for role in coding of the 360 social psychology journal articles and the assessment of their usefulness and practicality.

PRACTICUM

Synapse National, University of Oregon Chapter President and Founder, Eugene, OR - President, Founder, Peer Support Group Host

JANUARY 2020 - PRESENT

Responsible for the creation, organization, and facilitation of a peer support group for individuals living with Acquired Brain Injury (ABI); Management of crisis situations for the peer support group and its members; Maintenance of ongoing Community Needs Assessments; Outreach and communication between participants and professionals; Facilitation of professional and clinical collaborations with the Center on Brain Injury Research and Training; HEDCO; the University of Oregon Counseling Center; and the University of Washington's Synapse Chapter; Creation, organization, and facilitation of quarterly Building Brain Awareness to Help Brain Injury Lecture Series; Resource allocation for Eugene/Springfield ABI survivors and peer support group members; Interviewing and training of executive board members; Website and Social Media creation and management.

CONFERENCES, PODCASTS, LECTURES, and WEBINARS

Society for Personality and Social Psychology Annual Convention - Intervention Science: Harnessing Psychology To Address Real-World Social Problems, Preconferences (2/2021).

Leveraging evidence-based messaging to prevent the spread of COVID-19.

National Convention on Undergraduate Research - NCUR (4/2021).

Leveraging evidence-based messaging to prevent the spread of COVID-19.

Undergraduate Research Symposium, University of Oregon, Eugene, OR (5/2021).

Leveraging evidence-based messaging to prevent the spread of COVID-19.

The Future is in Good Hands - NPR and City Club of Eugene, (aired 5/17/2021).

Leveraging evidence-based messaging to prevent the spread of COVID-19.

<https://www.youtube.com/watch?v=yvwo-zvoBCQ>

Building Brain Awareness to Help Brain Injury, Synapse at the University of Oregon, (4/2021).

Resilience in the Brain and Beyond, Synapse at the University of Oregon, (11/2020).

Hosted with guest speakers Dr. Deanna Linville, Aaron Rothbarth CCC-SLP, Ben Luskin LPC CPC, and David Kracke J.D.

Brain Injury 101: Symptoms, Behavior and Affect Change, Recovery, and the Health Disparities Associated with TBI, Synapse at the University of Oregon, (10/2020).

SKILLS and CERTIFICATIONS

University of Oregon, Eugene, OR - *Psychology Major*

SEPTEMBER 2021

Lewis Center for Neuroimaging, University of Oregon, Eugene, OR - *fMRI Scan Assistant Certification*

OCTOBER 2019

fMRI safety on contraindications and procedures.

Management of visual and auditory stimulus during scans.

Management of participants throughout scans.

CITI Program, University of Oregon, Eugene, OR - *Human Subjects Certification for Social-Behavioral-Education Researchers*

2019

CITI Program, University of Oregon, Eugene, OR - *Good Clinical Practice Training*

2021

Center on Brain Injury Research and Training, University of Oregon, Eugene, OR - *Frontline Staff TBI Skill Builder Certification*

2020

Training for use of memory tools.

Training to support cognition.

Training to support communication.

Training to support access to healthcare providers.

Training to respond to challenging situations and behaviors.

Center on Brain Injury Research and Training, University of Oregon, Eugene, OR - *Certification for TBI Screening in Vulnerable and At-Risk Populations*

2020

Trained to apply the Ohio State University Traumatic Brain Injury Identification Method (OSU TBI-ID) to screen for brain injury in vulnerable and at-risk populations.

Center for Disease Control and Prevention - *ACES Certification*

2021

Trained to recognize risks and protective factors for ACEs, their outcomes, and strategies to reduce childhood adversity.

Evidence-based violence prevention training.

Cypress Resilience Project - *Mental Health First Aid Certification*

2022

Trained to recognize the signs and symptoms that suggest a potential mental health challenge, listen nonjudgmentally and give reassurance to a person who may be experiencing a mental health challenge, and refer a person to appropriate professional support and services.

Institute for Professional Care Education - *Certified Oregon Personal Care Aide*

2016

Emphasis on Care for Patients with Neurodegenerative Disorders.

TEACHING EXPERIENCE

Online Masters in Psychology Program, Center for Translational Neuroscience, University of Oregon, Eugene, OR - *Guest Lecturer/Assistant Curriculum Developer*
JULY 2021 - JUNE 2022

Responsible for assisting in the curriculum development for a course on Trauma-Informed Interventions. Responsibilities included research for module and core curriculum substance, guest lecturing, formatting of term projects, hosting interviews with leading professionals in the field, as well as resourcing primary journal articles for weekly reading requirements and lecture content.

Statistical Methods in Psychology Peer Tutoring Program, University of Oregon, Eugene, OR - *Student Coordinator and Tutor*
OCTOBER 2020 - JUNE 2021

Organize, mentor, and provide assistance to students, answering questions, lending examples, and tutoring.

Portland Community College, Portland, OR - *Paid Teacher's Assistant*
SPRING TERM 2019

Provided assistance during lab for Calculus 251, answered questions, offered examples, and personal tutoring.

Portland Community College Math Club, Portland, OR - *Coordinator and Member*
2018 - 2019

STEM Panel organization, fundraising, student outreach, building awareness of diversity in STEM.

MEMBERSHIPS and SOCIETIES

Society for Health Psychology

Social and Affective Neuroscience Society

National Center for Complementary and Integrative Health

American Psychological Association

Society for Personality and Social Psychology

National Academy of Neuropsychology

VOLUNTEER EXPERIENCE

Not OK PDK Sexual Assault Prevention, Awareness, and the Safer Bars Program, Portland, OR - 2017 - JUNE 2019

Raised funds, provided outreach and awareness.

Trained bar and restaurant workers to recognize and de-escalate potential sexual assault situations.

Portland Community College Math Fest, Portland, OR - 2019

Organization and set up of event aimed to promote STEM amongst diverse school-age children.

Historic Mississippi Business Association, Portland, OR - 2015 - JUNE 2019

Provided fundraising, community outreach, support for local nonprofits and community events.

Meals on Wheels, Portland, OR - 2019

Provided fundraising, day of event registration, and till management for the annual Meals on Wheels Senior Walk.

NON-RESEARCH-RELATED EMPLOYMENT

Crow Bar, Portland, OR - *General Manager*

OCTOBER 2015 - JULY 2019

Employee management including hiring and evaluation.

Fiscal and inventory management.

Legal documentation and licensing management.

Creative control over developing and implementing food and drink menus.

Event organization and community outreach.

Private Hire PCA, Portland, OR - *In-Home Caregiver*

AUGUST 2015 - AUGUST 2017

Medication management, wound care, bathing, physical rehabilitation, lifts and transfers, cooking, home organization, medical care accompaniment, and outreach for individuals with Parkinson's disease.